# Sample supported decision making agreement

## This supported decision making agreement is for:

My name:

My phone number:

My email:

Today's date: Click or tap to enter a date.

## I need supporter(s) to help me make decisions about:

[ ]  Finances

[ ]  Health care

[ ]  Living arrangements

[ ]  Relationships/social needs

[ ]  Work

[ ]  Legal matters

[ ]  Other:

## I expect my supporter(s) to help me by:

[ ]  Giving me information in a way I can understand

[ ]  Discussing the good things and bad things (pros and cons) about each decision

[ ]  Telling other people my wishes

[ ]  Other:

## I express myself and show what I want by:

[ ]  Telling people my likes and dislikes

[ ]  Telling people what I do and do not want to do

[ ]  Other:

## My support team

I name the following person (or people) to help me make decisions.

### Supporter #1 (primary)

Name:

Phone number:

Email:

Relationship to me:

I want supporter #1 to help me in the following areas (check all that apply):

[ ]  Finances

[ ]  Health care

[ ]  Living arrangements

[ ]  Relationships/social needs

[ ]  Work

[ ]  Legal matters

[ ]  Other:

I don't want supporter #1 to help me with:

### Supporter #2

Name:

Phone number:

Email:

Relationship to me:

I want supporter #2 to help me in the following areas (check all that apply):

[ ]  Finances

[ ]  Health care

[ ]  Living arrangements

[ ]  Relationships/social needs

[ ]  Work

[ ]  Legal matters

[ ]  Other:

I don't want supporter #2 to help me with:

### Supporter #3

Name:

Phone number:

Email:

Relationship to me:

I want supporter #3 to help me in the following areas (check all that apply):

[ ]  Finances

[ ]  Health care

[ ]  Living arrangements

[ ]  Relationships/social needs

[ ]  Work

[ ]  Legal matters

[ ]  Other:

I don't want supporter #3 to help me with:

If I have more than one supporter, my supporters will (choose one):

[ ]  Work together to help me

[ ]  One at time (if the primary supporter is not available)

This agreement can be ended or changed at any time.


## Supporters' statements and signatures

Supporter #1

I understand that as a supporter my job is to honor and present your wishes as expressed in this agreement. If I cannot perform these activities, I will notify you and your support team.

Supporter #2

I understand that as a supporter my job is to honor and present your wishes as expressed in this agreement. If I cannot perform these activities, I will notify you and your support team.

Supporter #3

I understand that as a supporter my job is to honor and present your wishes as expressed in this agreement. If I cannot perform these activities, I will notify you and your support team.

