ACTIVITY 1:

Hands-on tools

INSTRUCTIONS: You will find several helpful activities and tools that support a person with planning for employment under 'Person-centered discovery' on the "Hands-on tools" page of the Disability Hub MN Work Toolkit. Read about each of the tools on that page, and then answer the questions below about the purpose of a few of the tools.

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1. My profile: Work

A. Read the sample My profile: Work (PDF)

B. Which of the following best explains the purpose of "My profile: Work"?

   a) A way to tell others what matters to a person and how to best support them

   b) A way to describe what the person wants (and doesn't want) in a job

   c) A way to see where supports are strong and where more attention might be needed

   d) Helps people identify the people on their employment team

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2. My vision: Work (Life trajectory)

A. Read the sample life trajectory (PDF)

B. Which of the following best explains the purpose of the "My vision: Work (Life trajectory)" activity?

   a) A way to tell others what matters to a person and how to best support them

   b) A way to describe what the person wants (and doesn't want) in a job

   c) A way to see where supports are strong and where more attention might be needed

   d) Helps people identify the people on their employment team

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3. My resources and supports: Work (Integrated supports star)

a. Read the sample integrated supports star (PDF)

b. Explain the purpose of the "My resources and supports: Work (Integrated supports star)" activity?

   a) A way to tell others what matters to a person and how to best support them

   b) A way to describe what the person wants (and doesn't want) in a job

   c) A way to see where supports are strong and where more attention might be needed

   d) Helps people identify the people on their employment team

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4. My team: Work

a. Read the sample My work team (PDF)

b. Which of the following best explains the purpose of the "My team: Work" activity?

    a) A way to see where supports are strong and where more attention might be needed

    b) Helps people identify the people on their employment team

    c) Helps to identify a person's positive attributes

    d) Helps to identify the factors that bring satisfaction to a person at a job

5. Like and admire

a. Read about the Like and admire tool, and review the Elizabeth Kate and Rae examples and the blank template available at the link.

b. Which of the following best explains the purpose of the "Like and admire" tool?

    a) A way to see where supports are strong and where more attention might be needed

    b) Helps people identify the people on their employment team

    c) Helps to identify a person's positive attributes

    d) Helps to identify the factors that bring satisfaction to a person at a job

6. Personal values

a. Review the Values checklist (PDF)

b. Which of the following best explains the purpose of the "Values checklist"?

    a) A way to see where supports are strong and where more attention might be needed

    b) Helps people identify the people on their employment team

    c) Helps to identify a person's positive attributes

    d) Helps to identify the factors that bring satisfaction to a person at a job

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